

TRAINING AND CONSULTATION

The Spurwink Institute has services designed to respond to the needs of policy makers, educators and parents for a broad-based program of research, policy analysis, consultation, training and technical assistance with regard to students with special needs in public schools.

The current range of activities includes:

- The Institute for Students with Special Needs (INSSPN), a partnership with USM
- research on the topic of leadership in special education, under a grant from the UNUM Foundation
- consultation and technical assistance to the Department of Education regarding educational and residential programming at the Governor Baxter School for the Deaf
- training/continuing education of public school teachers and educational technicians in relation to behavior management
- research in the area of violence in public schools under a grant from the Maine State Troopers Foundation
- development of a conference on Violence, Children and Community

ACCOMMODATIONS & MODIFICATIONS

Individuals needing adaptations or accommodations because of a disability are asked to make an appointment with Torrey Harrison, Director of BHSI as soon as possible. Participants can experience difficulty for a variety of reasons. Anyone encountering difficulty with the training or who feels he/she could be performing at a higher level is encouraged to consult with the instructor, Bob Carroll. Bob can be contacted at 207-688-4589 ext. 164 or bcarroll@bhsi.net

ATTENDANCE POLICY

Individuals will receive certificates with contact hours.

TARGET AUDIENCE

This training is appropriate for all persons working with students with special needs.

OUTCOMES & ASSESSMENT

Learning outcomes and assessments are identified in the module descriptions (and in more detail in the curriculum). Anyone not meeting the assessment criteria will be notified of this before the conclusion of the training.

bhsi

Behavioral Health Sciences Institute

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POSITIVE BEHAVIORAL SUPPORTS

Training for
Public School Personnel

A collaboration between

spurwink institute

And University of Maine at Augusta

ADVANTAGES TO PARTICIPANTS

- Public schools are required by federal law and state regulations to provide positive behavioral supports for students who need them. This training will help to meet these requirements.
- Teachers & educational technicians receive contact hours applicable to certification or authorization.
- Supports and interventions have been developed by Spurwink staff and validated through use in The Spurwink School programs.
- Trainers are thoroughly versed in the training materials and the philosophy of The Spurwink School, and are knowledgeable about effective presentation techniques for adult learners.

For more information, contact
Bob Carroll at:

Behavioral Health Sciences Institute
60 Pineland Drive, Suite 101
Lewiston Hall, Building 4
New Gloucester, ME 04260

Tel: 207.688.4589 ext. 164

Toll free: 866-688-4573

Fax: 207.688.4572

TTY: 207.688.4591

bcarroll@bhsi.net

IDEA requires that we assess students' challenging behaviors and develop positive behavioral interventions to address them. Positive Behavioral Supports is an approach to working with these students. It is individualized and focuses on three main components: PREVENTION – changing the circumstances that usually lead to challenging behaviors, TEACHING – replacing the challenging behaviors with new skills, and RESPONSE – planning and implementing effective and safe responses to challenging behaviors.

The curriculum is designed to be delivered in total or module-by-module. This allows for customizing the training to your specific needs and interests.

Scheduling can be flexible – e.g., training can be delivered in full-day session(s), three-hour sessions held over several days or weeks or a combination of the two. Scheduling will be negotiated to meet the needs of your school and staff.

We offer training in many other areas important to your school staff. Please contact us for more information or if you'd like to discuss how we might meet your specific needs.

Arranged in nine modules, the training is appropriate for regular education and special education staff. Contents include:

Module 1: UNDERSTANDING BEHAVIOR

Be able to identify factors that can influence students' behaviors. Develop an understanding that behaviors have meaning, serve a purpose and can be predictable. Learn the effects of trauma and the 5 primary behavior motivators.

Module 2: DEVELOPMENTAL NEEDS OF CHILDREN AND YOUTH

Be able to describe how needs change with stages of development and how to organize and plan for these varying needs. Describe how emotional processing occurs and how self-esteem issues and coping skills develop.

Module 3: BUILDING SELF-AWARENESS

Be able to recognize the factors that impact each of our individual behavior management styles. Identify and understand your own response to problem behaviors and crises, as well as responses that de-fuse or aggravate the situation.

Module 4: COMMUNICATION SKILLS

Be able to identify the factors that interfere with communication as well as strategies for communicating effectively, including active listening skills and supportive responses.

Module 5: PREVENTION STRATEGIES

Be able to identify classroom features that can affect students' behaviors and discuss strategies designed to prevent problem behaviors, including skill building and teaching new behaviors.

Module 6: BEHAVIORAL INTERVENTIONS

Be able to identify the specific functions of a positive behavioral support system, principles of de-escalation, and the array of choices provided through a hierarchy of behavioral interventions. Specific emphasis is given to limit setting, consequences and reinforcers.

Module 7: CONFLICT RESOLUTION

Be able to discuss and demonstrate conflict resolution techniques that are based on respect and that seek solutions that meet the needs of all involved parties.

Module 8: MANAGING AGGRESSIVE BEHAVIORS

Be able to demonstrate safe and effective methods for therapeutic holding. (Modules 1–7 are prerequisites for this module.)

Additional PBS Training & Services:

THERAPEUTIC HOLDING - ANNUAL REFRESHER TRAINING

This training is intended for staff members who have completed the **MANAGING AGGRESSIVE BEHAVIORS** (Module 8) training. This includes review of prevention and intervention strategies and retraining in managing aggressive behaviors, including therapeutic holding. This module is not available as a stand-alone package.

CONSULTATION/TECHNICAL ASSISTANCE

Technical assistance in developing policies and procedures to guide your school's behavioral supports system is available, including the use of therapeutic holding and development of incident reporting & review mechanisms.

POSITIVE BEHAVIORAL SUPPORTS is available as a graduate credit-bearing course as well. This can be arranged for delivery at your site and scheduled to meet the needs of your staff.

Contact Hours certificates awarded.